



Preliminary Scientific Program

Start	End			
Thursday, Mar 16, 2017 (Dubai)				
9:00	9:30	Welcome Reception and Registration <i>(Al Bustan Rotana Hotel-Dubai)</i>		
Thursday, Mar 16, 2017 (Dubai)				
9:30	10:30	Opening Ceremony- Main Hall <i>(Name of Patronage)</i>		
10:30	11:00	Coffee Break		
11:00	11:50	Healthy Ageing (Paediatrics to Geriatrics): Insights on Ageing Using a Life Course Epidemiological Approach– Prof. Diana Kuh <i>(Rashidiya Hall)</i>		
		<i>Rashidiya -A/Moderator: NAME</i>	<i>Rashidiya -B/Moderator: NAME</i>	<i>Rashidiya -C/Moderator: NAME</i>
11:50	12:10	Short and long-term health benefits of human milk feeding for term and preterm infants Dr. Francesca Giuliani	Body composition assessment in children Prof. Andrew Hills	Epidemiology of Ageing in the Arab World with a focus on the UAE Dr. Ian Blair
12:10	12:30	Early childhood development and disabilities- implications for later life Ms. Lamia Yahya	Type 2 Diabetes Burden in Emirati population: Role of Obesity from Paediatrics to Geriatrics Dr. Syed M Shah	Metabolic syndrome Prof. Nasser Al Daghri
12:30	12:50	Physical activity guidelines, action plans; school and community programs Dr. Carla Habib Mourad	Parental Stress, Nutrition and Autism Dr. Amita Attlee	The effect of Omega 3 supplementation on cognitive functions and brain shrinkage in patients with mild cognitive impairment (MCI) Dr. Abderrahim Oulhaj
12:50	13:00	Discussion		
13:00	14:00	Lunch Break		
14:00	14:30	Poster Session <i>(Location)</i>		
		<i>Rashidiya -A/Moderator: NAME</i>	<i>Rashidiya -B/Moderator: NAME</i>	<i>Rashidiya -C/Moderator: NAME</i>
14:30	14:50	Nutritional assessment of children aged from (1-18) years with type 1 diabetes mellitus Prof. Sidiga Washi	Cohort Study Dr. Raghieb Ali	Paediatric growth and development-nutritional assessment and indicators Dr. Leila Cheikh Ismail
14:50	15:10	Health and nutritional status of postmenopausal women Dr. Seema Puri	Recent advances in nutrition support for critically ill paediatric patients Ms. Lamia Yahya	Pediatric obesity and metabolic syndrome Dr. Dimitris Papandreou
15:10	15:30	Malnutrition and Health Outcomes: Screening, assessment and effective measures Dr. Kalliopi Poulia	Diet in the management of diabetes: opportunities and challenges Prof. Jeyakumar Henry	Lifestyle Interventions for adults with Intellectual Disabilities and Obesity Dr. Dimitrios Spanos
15:30	15:45	Discussion		
15:45	16:30	Poster Session <i>(Location)</i>		
Start	End			



Preliminary Scientific Program

Friday, Mar 17, 2017 (Dubai)

9:00	9:30	Registration (Al Bustan Rotana Hotel-Dubai)		
Friday, Mar 17, 2017 (Dubai)				
9:30	10:10	WHO Global Strategy and Action Plan on Ageing and Health: 2016-2020 – Dr. Samar EIFeky (Rashidiya Hall)		
10:10	10:30	Coffee Break		
		<i>Rashidiya -A/Moderator: NAME</i>	<i>Rashidiya -B/Moderator: NAME</i>	<i>Rashidiya -C/Moderator: NAME</i>
10:30	10:50	Nutrition and depression among elderly Prof. Sidiga Washi	Oxidative stress and Ageing Dr. Carine Platat	Mobility and ageing Frailty, sarcopenia and malnutrition in old age Dr. Seema Puri
10:50	11:10	Immune Nutrition - Nutrition Beyond Calories Dr. Ashraf Elshoufi	Mediterranean Diet and Breastfeeding Prof. Enrico Bertino	Paediatric origins of adult disease Dr. Raghieb Ali
11:10	11:30	Dietary Habits and Childhood Obesity: Lesson from the GRECO Study Prof. Antonios Zampelas	Metabolic Responses to Pre-exercise Meals containing Simple and Complex Carbohydrates during Moderate Intensity Exercise Mr. Amjad Jarrar	Olive oil, Polyphenols and Prevention of Cancer and Chronic Degenerative Diseases Dr. Etta Finocchiaro
11:30	11:45	Discussion		
11:45	12:30	Poster Session (Location)		
12:30	14:00	Lunch Break		
		<i>Rashidiya -A/Moderator: NAME</i>	<i>Rashidiya -B/Moderator: NAME</i>	<i>Rashidiya -C/Moderator: NAME</i>
14:00	14:20	Assessment of critically ill patients Mrs. Ranim Kaddoura	Renal Carcenoma Dr. Mirey Karavetian	Detection of cognitive disorders- how early should it be done? TBC
14:20	14:40	Geriatric psychiatry TBC	Demographic and social determinants of ageing Dr. Samar EIFeky	Osteoporosis Prof. Nasser Al Daghri
14:40	15:00	Dietary supplements and functional foods in ageing Dr. Carla Habib Mourad	LCPUFA role on neural development, ageing and neuro-degeneration TBC	Promoting healthy ageing: importance of lifestyle Prof. Andrew Hills
15:00	15:15	Discussion		
15:15	16:00	Poster Session (Location)		

Start	End	
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Preliminary Scientific Program

Saturday, Mar 18, 2017 (Dubai)			
9:00	9:30	Registration <i>(Al Bustan Rotana Hotel-Dubai)</i>	
Saturday, Mar 18, 2017 (Dubai)			
9:30	10:10	Importance of the first 1000 days of life – Prof. Jeyakumar Henry <i>(Rashidiya Hall)</i>	
10:10	10:30	Coffee Break	
		<i>Rashidiya -A/Moderator: NAME</i>	<i>Rashidiya -B/Moderator: NAME</i>
10:30	10:50	Policies that limit saturated fatty acids and virtually eliminate industrially produced tran fat (i.e. partially hydrogenated vegetable oils) in the food supplies Dr. Latefa Rashed	Olive oil from Pregnancy to Paediatric Age Dr. Gianfranco Trapani
			<i>Rashidiya -C/Moderator: NAME</i>
			Body composition, metabolic changes, biomarkers and longevity Ms. Victoria Pena Acuna
10:50	11:10	Lifestyle, Diet and Prevention of Cardiovascular Diseases Prof. Franco Veglio	Anti-ageing strategies from a dermatologist's perspective Dr. Al Kassir
			The Effect of Ginger Powder on Blood Glycaemia, Blood Lipidemia and Body Composition on adults at Risk for Cardiovascular Diseases Dr. Ayesha Al Dhaheri
11:10	11:30	Successful counseling strategies to facilitate lifestyle changes among the elderly Dr. Habiba Ali	Dietary Habits and their Role in Diabetes Prevention and Management Prof. Nahla Houalla
			Nutrition for elders with dysphasia Ms. Wafa Ayesh
11:30	11:45	Discussion	
11:45	12:30	Poster Session <i>(Location)</i>	
12:30	14:00	Lunch Break	
		<i>Rashidiya -A/Moderator: NAME</i>	<i>Rashidiya -B/Moderator: NAME</i>
14:00	14:20	Cancer and Ageing Dr. Al Kassir	Tools and applications in nutritional screening and assessment of geriatric population Ms. Jessica Szymura
			<i>Rashidiya -C/Moderator: NAME</i>
			Guidelines for the use of supplementation to prevent and treat diseases TBC
14:20	14:40	Post discharge formula for low birth weight infants Ms. Wafa Ayesh	Relationship between cesarean section and childhood obesity: what is the evidence? Dr. Zakariya Al-Salam
			Overfed and Undernourished in the Middle East Prof. Nahla Houalla
14:40	15:00	Multidisciplinary health care approach for active ageing Dr. Samar ElFeky	N-3 fatty acids: from prevention of cardiovascular diseases to improvement of brain function Prof. Antonios Zampelas
			Tube feeding among the elderly Dr. Mirey Karavetian
15:00	15:15	Discussion	
15:15	16:00	Poster Session <i>(Location)</i>	



Preliminary Scientific Program

<i>Thursday, Mar 16, 2017 (Dubai)</i>		
16:30	19:00	Workshop 1: Nutritional needs and nutritional support in childhood – Dr. Kalliopi Poulia
16:30	19:30	Workshop 2: Basic Life Support – Dr. Zain Al Kassir
16:30	19:30	Workshop 3: Ethical considerations in Research with the Geriatric Population - Dr Ghada Al Tajir
<i>Friday, Mar 17, 2017 (Dubai)</i>		
16:30	19:30	Workshop 1: Framework for providing home health care for elderly – Dr. Samar ElFeky
16:30	19:00	Workshop 2: Nutritional needs for older adults – Dr. Kalliopi Poulia
16:30	19:30	Workshop 3: Bio-rhythm of the body and its relationship to obesity: Adjust your biological watch adjust your weight – Dr. Osama Alalla
<i>Saturday, Mar 18, 2017 (Dubai)</i>		
16:30	19:30	Workshop 1: Ethical Considerations in Research with the Pediatric Population - Dr Ghada Al Tajir
16:30	19:30	Workshop 2: Obesity prevention through exercise - Dr. Osama Alalla
16:30	19:30	TBC